

WILDERNESS FIRST AID CLASS OFFERED!!

The Los Padres Council is pleased to once again offer a Wilderness First Aid Course. This course is now required for all units that attend one of the National High Adventure Base Programs (Philmont, Sea Base, Northern Tier). It is also a great course to take for all units that are going on a backcountry trip this summer and beyond.

Wilderness First Aid is invaluable to you, the unit or trek leader, as it goes well beyond your basic first aid. When you are hours from available emergency medical services, you will be really thankful that you took this course! This course is 18 hours in length, but invaluable in the resources you will learn to use.

The course will be held at Rancho Alegre on Friday, April 07, 2017 from 3 PM to 10 PM and Saturday, April 08, 2017 from 8 AM to 9 PM. Yes, these are long hours, but will not impact your Sunday obligations. You will stay overnight at Rancho Alegre (in our dorms, so just bring sleeping bag and personal gear), have dinner on Friday evening, breakfast, lunch and dinner on Saturday.

A pre-requisite for the course is current (within the past two years) certification in Adult CPR and AED (automatic external defibrillator). You will need to bring a copy of your card to the course. Not currently certified? No problem – we will be offering CPR and AED beginning at 11 am on Friday – BRING YOUR OWN SACK LUNCH

Costs for the Wilderness First Aid course: Los Padres Council Scouters \$185 per person; Non Los Padres Council Scouters: \$200; Non-scout community members \$235. Costs include the course, course materials, certification card, lodging and meals. (Thanks to a grant from our National Office, we are able to offer this course at this greatly reduced price.) PLEASE NOTE THE MINIMUM AGE FOR THE COURSE IS 16.

There is an additional cost for the CPR/AED training: Los Padres Council Scouters \$45 per person; Non Los Padres Council Scouters \$55; Non-Scout community members \$60.

THE COURSE IS LIMITED TO 15 PARTICIPANTS. PRIORITY WILL BE GIVEN TO LOS PADRES COUNCIL SCOUTERS FIRST, THEN OTHER COUNCIL SCOUTERS, THEN NON-SCOUT COMMUNITY MEMBERS

REGISTRATION MUST BE RECEIVED BY FRIDAY MARCH 17, 2017

You must attend all course sessions and participate fully - this is a physically demanding course.

To sign up go to the calendar on the council website, $\underline{www.lpcbsa.org}$, the class date, and click on the link to the Wilderness First Aid Course. . For more information contact Course Coordinator George Brown at $\underline{kf6pbl@hotmail.com}$